



Fall 2019 UB Meetings Resume

WEEKLY MEETING SCHEDULE



MONDAYS: meetings resume September 9th

MACON Center: Macon students

◇ Meeting at Macon 3:30-5:20

KNOX Center: Knox Co. students

◇ Meeting at Knox 3:15-4:15



TUESDAYS: meetings resume September 10th

PUTNAM Center: Milan and Putnam Co. students

◇ Pick up Milan at 2:45, Meeting at Putnam 3:25-5:15, Drop off Milan at 5:50

WESTRAN Center: Northeast Randolph Co. R-IV (Cairo) and Westran students

◇ Pick up Cairo at 3:10, Meeting at Westran 3:25-5:15, Drop off Cairo at 5:30



WEDNESDAYS: meetings resume September 11th

KIRKSVILLE Center: Kirksville R-III, LaPlata, and Schuyler Co. students

◇ Pick up Schuyler at 3:30, Pick up LaPlata at 3:35, Meeting at Adair Building 3:30-5:20, Drop off LaPlata at 6:10, Drop off Schuyler at 6:15

MOBERLY Center: Moberly students

◇ Meeting at Moberly 2:40-4:30



Remember the Upward Bound offices are located in the Adair House, on Patterson Street! Drop by to see us any time 8am-5pm, Monday—Friday.

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ATTENDANCE POLICY

REMEMBER THAT STUDENTS ARE EXPECTED TO ATTEND ALL MEETINGS UNLESS THE FOLLOWING CRITERIA ARE MET

- You are absent from school due to illness
 - You have a prearranged excused absence from school
 - You are participating in a school-sponsored extracurricular activity **AND** ALL your grades are a 'C' or above (you can only be excused if the grade criteria is met)
- You are expected to notify UB staff in advance of any expected absence **AND**
- All UB students must attend at least one full UB meeting every 4 weeks, regardless of extracurricular involvement
- **Unexcused absences may result in the loss of program services**

Keep updated by using Remind, the text alert service we use to keep in touch, send reminders and alert you of changes and events.

Do you want to know what is going on? Sign up for the text alert service. Text alert service is used frequently to communicate with students and parents.

To sign up for text alerts:

1. On your phone, create a text to this number: **81010**
2. Text the message: **@ubinfo**



Make sure to check us out online! We also use social media and our website to notify students of upcoming events.

Follow us on Facebook **@trumanub** & check out our UB Calendar at **ub.truman.edu**



REQUIRED RIGOROUS COLLEGE PREPARATORY CURRICULUM

As an Upward Bound participant, **you are required to take a rigorous college-preparatory curriculum** and the **amount of your UB stipend is contingent upon it.** *Why?*

The course of studies students take in high school is one of the most important factors in determining who succeeds in college.

College admissions personnel look closely at the classes students take, particularly in their junior and senior years of high school, to assess whether a student is serious about going to college and willing to make the hard choice to take classes that will academically prepare them for college. Several state institutions now *require* (not just recommend) that a student have completed these courses to be eligible for admission. Additionally, some are recalculating grade point average (GPA) for just these courses to determine admission and scholarships. This could drastically impact your admission and scholarship offers for college.

Plus, a rigorous college-prep curriculum gives students the academic foundation they need to tackle college-level classes. A rigorous college-prep plan for high school will include:

- ⇒ 4 Years of English
- ⇒ 4 Years of math (including Algebra I & II, Geometry), with a math course taken during senior year
- ⇒ 3 years of lab science, including one year each of at least two of the following courses: biology, chemistry and physics
- ⇒ 3 years of social studies
- ⇒ 2 years of a language other than English

Plan for your college success by scheduling your high school classes so you meet these requirements!



SEPTEMBER 9-11

Fall UB meetings resume.

SEPTEMBER 20

Registration for October ACT due. Get help (& a fee waiver for this) during your weekly UB meeting.

OCTOBER 1

Seniors: Start working to complete your FAFSA.

OCTOBER 7-11

Virtual Meeting—complete Blackboard by Oct. 14, 8am

OCTOBER 19—optional

Come to Truman's campus to celebrate Homecoming. We will gather to visit, receive yearbooks and watch the football game.

OCTOBER 26

We recommend anyone who did not take the ACT this summer take the October test.

NOVEMBER 25-29

Virtual Meeting—complete Blackboard by Dec. 2, 8am

DECEMBER 2-6

Last UB meeting of 2019. No meetings until Jan 21-24, 2020